

THE SPA



CHILWORTH
MANOR

TREATMENT LIST

Welcome to The Spa @ Chilworth Manor

Our aim is to be the perfect place for you to unwind and relax not only by providing you with an indulgent treatment experience but also combine these with our spa facilities for you to enjoy.

Our experienced therapists are on hand to offer relaxing treatments as well as advise you on face and body products.





FACIAL
TREATMENTS

Hydrating Booster Facial

30min - £50

The Hydrating Booster Facial offers a luxurious and relaxing experience that leaves you with a glowing complexion. This facial provides all the benefits of our full facial treatments in an express time frame, allowing you to achieve beautiful skin health fast! This refreshing treatment is perfect for achieving a naturally radiant, glowing complexion.

Signature Facials

60min - £80

Featuring results driven products these facials are designed to leave you feeling uplifted and looking instantly radiant.

Signature Balance Facial - Combining facial massage techniques with a choice of customised masks this facial helps to rebalance sebum levels without losing hydration.

Signature Hydrate Facial - Your skin will be given an extra boost of hydration and nourishment for a long-lasting youthful glow. Not only will you leave looking rejuvenated but also feeling deeply relaxed.

Signature Brighten Facial - Perfect for dull, pigmented skins this indulgent facial works to reduce wrinkles, refine pores, improve skin elasticity and even out skin tone.

Luxury Smoothing Facial

75min - £95

A powerful facial designed to lift, tone and sculpt whilst inducing deep relaxation and feelings of happiness. The ultimate facial for lifted, sculpted and renewed skin. This power packed facial delivers effective results including boosting circulation, toning muscles and lifting facial features.

A person is shown from the back, lying on a massage table. Their arms are raised and held behind their head. A therapist's hands are visible, applying pressure to the lower back area. The person is wearing a dark green towel. The background is dark and out of focus, suggesting a spa or massage parlor environment.

MASSAGE TREATMENTS

Bespoke Massage Treatments

This is a completely bespoke combination of relaxation based massage and deep tissue work, designed for clients seeking pain relief in specific muscle areas while still desiring the grounding and relaxation that Swedish massage provides.

Our massage is based on time rather than the normal spa massage routines, this allows us to create a truly tailored massage. The treatment begins with a consultation with your therapist which will enable them to determine the most beneficial areas to concentrate on in the time provided.

Our massage times are as follows:

30 minutes - £45

45 minutes - £60

60 minutes - £75

90 minutes - £90

SIGNATURE TREATMENTS



Full Body Scrub & Moisturise

30min - £50

Revive your skins glow and polish away dull, dry skin cells with this Dead Sea Salt exfoliating and hydrating body moisturiser treatment. This is the perfect holiday or special event preparation treatment and leaves your skin feeling smooth, supple and looking radiant.

Relaxing Dead Sea Mud Wrap

90min - £100

Experience the ultimate relaxation with this Dead Sea Mud Wrap. This one-of-a-kind treatment combines an indulgent exfoliation experience and hydrating express facial with the therapeutic benefits of ancient mineral rich natural body mud from the depths of the Dead Sea. The result is skin that feels renewed, nourished and softer than ever before.

Relaxing Back Treatment

60min - £85

Perfect for those with a congested back or tired and achey back and leg muscles. This invigorating and detoxifying back treatment includes a back scrub, Dead Sea Mud back mask, back massage and lymphatic drainage massage to the backs of the legs.

Lighter Legs Treatment

30min - £50

A lower leg and foot ritual to revive tired, worn-out feet and lower legs. This treatment includes an invigorating lower leg and foot Dead Sea Salt exfoliation and a massage focusing on your areas of tension. After spending the day walking the grounds at Chilworth Manor this treatment will leave your lower legs and feet feeling light as a feather.



TREATMENT
RITUALS

Chilworth Signature Treatment Rituals

Refreshing Ritual - 60min - £90

This Refreshing Ritual features a Dead Sea Salt full body exfoliation followed by a tailored back massage to soothe tension and leave you feeling relaxed and revived.

Relaxing Ritual - 60min - £90

The ultimate treatment to soothe and ease tension is this Relaxing Ritual which includes a therapeutic back massage, personalised hydrating booster facial and a soothing scalp massage to complete this wellness experience.

Top-to-Toe Ritual - 60min - £90

Restore balance with the Top-to-Toe Ritual featuring a personalised hydrating booster facial coupled with invigorating leg and foot exfoliation and soothing massage.

Tranquility Ritual - 60min - £90

The Tranquility Ritual concentrates on relieving tension from the upper body with a Dead Sea Salt back exfoliation, tailored back massage, neck & décolleté massage and lymphatic drainage facial massage. Leaving you feeling perfectly tranquil.

Chilworth Signature Taster Treatments

Hot Oil & Mud Scalp Treatment - 30min - £45

Indulgent and mineral rich scalp treatment designed to instantly soothe and restore scalp health.

Mineral Eye Lift Treatment - 30min - £45

The mineral eye lift is a revolutionary face and eye treatment specifically designed to help reduce the appearance of fine lines and puffiness around the eyes while also relieving tension from eyestrain.

Sea Salt Hand Repair - 30min - £45

Upgrade your hand and nails with a heavenly hand ritual designed to deeply hydrate and repair skin and nail health with healing sea minerals whilst relaxing muscles and joints.

Sea Salt Foot Repair - 30min - £45

Soften, nourish and relax dry, cracked and aching feet with a sea salt exfoliation and massage ritual to leave skin smooth and feet floating on air.

A photograph of a person sitting cross-legged on a white surface. Their hands are resting on their feet, with fingers gently touching the skin. The person's skin is fair and appears smooth. The background is a plain, light color. Overlaid on the center of the image is a white rectangular box with a thin black border. Inside this box, the words "FINISHING TOUCHES" are written in a dark green, serif font, arranged in two lines.

FINISHING
TOUCHES

WAXING

Half Leg	£30
Full Leg	£45
Bikini	£20
Underarm	£18
Eyebrows	£18
Lip or Chin	£15
Lip and Chin	£25

TINTING

Eyelash Tint	£25
Eyebrow Tint	£18
Eyelash & Eyebrow Tint	£35
Lash Lift & Tint	£60

A lift/tint patch test is required at least 24 hours before your treatment.

MANICURES

All of our manicures and pedicures listed include gel polish as standard however we do have a range of regular polish with a £3 discount on prices shown.

Gel Manicure £38

Includes filing of the nails, cuticle work and gel polish application.

Spa Manicure £55

Includes filing of the nails, cuticle work hand exfoliation, massage and gel polish application.

Gel Removal £25

Includes gel removal, filing of the nails, cuticle work and cuticle oil application. A gel removal with reapplication is charged at £5.

Hand & Arm Treatment £45

Includes filing of the nails, cuticle work, hand soak, exfoliation, hand mask, massage and cuticle oil application.

PEDICURES

Gel Pedicure £38

Includes filing of the nails, cuticle work and gel polish application.

Spa Pedicure £55

Includes filing of the nails, cuticle work foot exfoliation, massage and gel polish application.

Gel Removal £25

Includes gel removal, filing of the nails, cuticle work and cuticle oil application.

Foot & Leg Treatment £45

Includes filing of the nails, cuticle work, foot soak, exfoliation, mask, massage and cuticle oil application.



SPA PACKAGES

The Twilight Spa Package - £80

Available Fridays & Saturday Evenings (Daytime available Wednesday & Thursday)

Includes:

- Afternoon Tea from 3:30pm (with complimentary glass of Prosecco)
- **I x 30mins Taster Treatments to choose from:**
 - Hot Oil & Mud Scalp Treatment.
 - Mineral Eye Lift
 - Sea Salt Hand Repair Treatment
 - Sea Salt Foot Repair Treatment
 - Hydrating Booster Facial
 - 30 minute Massage
- Relax and enjoy the pool facilities till 8pm.

The Spa Day Package - £120

Available Tuesday - Friday

Includes:

- Afternoon Tea (with complimentary glass of Prosecco)
- Access to Fitness Classes (bookable at time of booking treatments)
- **- I x Chilworth Treatment Rituals I hour treatments to choose from:**
 - Refreshing Ritual - Full Body Scrub & Back Massage
 - Relaxing Ritual - Back Massage, Express Facial & Scalp Massage
 - Top-to-Toe Ritual - Express Facial & Leg & Foot Exfoliation and Massage (P)
- Tranquility Ritual - Back Massage, Neck & Décolleté Massage & Lymph Drainage Facial Massage.
- Use of pool and gym facilities from 10am - 4pm

The Spa Retreat Package - £320

Available Tuesday - Saturday

Includes:

- A nights stay in Chilworth Manor Hotel
- Day 1 - Check in from 3pm**
 - Use of pool and gym facilities
 - **I x Taster Treatment 30mins**
 - 3 Course Dinner (with complimentary glass of Prosecco)
- Day 2 - Breakfast in hotel**
 - Access to Fitness Classes (bookable at time of booking treatments)
 - **I x Chilworth Treatment Taster I hour**
 - Afternoon Tea in the hotel
 - Use of pool and gym facilities till 4pm

Terms and Conditions

Medical Questionnaire

A medical questionnaire will be sent to you via e-mail once your booking is complete, please ensure you fill this out as soon as possible as treatments cannot be completed without this form.

Mobile Phones

To maintain a sense of calm, we ask that you do not use your mobile phone, tablet device, any music player or camera in the spa.

Treatment Times and Arrival

In order for us to provide our clients with the best possible service, we request that you arrive 15 minutes prior to your appointment time. We regret that late comers will incur the full fee for shortened treatment times.

Payments

We do not keep cash at the club, so only accept card payments. You will need to bring along £1 coins if you would like to use the lockers.

Children

For health, safety, insurance and relaxation purposes children under the age of 18 years are not permitted in the spa at any time.



THE SPA



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